James B. Castle High School



Knightly News

SEPTEMBER - OCTOBER 2022

New Look! OPEN HOUSE - 'It's An Academy Affair' Thursday, September 22, 2022 Cafeteria

Registration: 4:45 - 5:30p Opening: 5:30 - 6:00p

Academy Tour & Mixer w/ Academy Teachers: 6:00 - 7:00p

Please join us on Thursday, September 22, at 5:30 pm for our Open House, "It's an Academy Affair" (Community Event). Our CHS Band and Student Athletes will be opening the evening followed by our Student Ambassadors conducting campus tours of our three career academies (Arts & Business, Innovation, Medical Services & Culinary Arts). Throughout the evening, our Polynesian Music and Dance groups will be performing while our various student and parent organizations share their information, and food trucks avail themselves to all guests. Open to community, alumni, industry partners, and families.



CHECK IT OUT!

Does Your Child Qualify To Receive The "Free & Reduced Lunch Program" AND All Additional Benefits?

Online information and applications are available at www.ezmealapp.com. Please do NOT submit a paper application if an online application is submitted. Students who were eligible for either free or reduced-price meals at the end of the last school year will have that status carried over until Sept. 13, 2022, or until a new application is processed.

FYI...50% of Castle High's population qualifies for free or reduced meals! If your family qualifies, (based on the number of students who qualify) Castle High School qualifies for Title I money from our Federal Government to be used for student needs such as support services from colleges / community and needed supplies -materials & text books for classes.

Students can benefit individually by receiving:

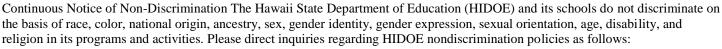
- Free or reduced lunch/breakfast which helps your student succeed in school;
- Advance Placement Exam reduction in cost;
- SAT: Two waivers (College Admissions Test) one each for your junior & senior year;
- ACT Plus Writing: Two waivers (College Admissions Test) one each for your junior and senior year;
- Some colleges/universities provide waivers for free application with proof student took SAT/ACT Test using a waiver (Potential estimated saving of \$50-\$80 per application)
- NCAA Clearinghouse: free cost of registration

Your child's free or reduced meal status remains confidential. All students scan their IDs to receive breakfast and lunch without revealing a student's meal status. Hardcopy forms are distributed the first day of school, and are on our website (https://www.castlehs.k12.hi.us/lunch-menu) if there is a change in your economic status during the school year. Thank you for your support.

Aloha Castle Family, Friends, and Knights!

Castle High School is currently going through its WASC accreditation process, and in order to obtain 6-year accreditation status, we will need your valuable input. Obtaining accreditation means that our school officially meets a high standard of educational quality, and it gives our students' diplomas credibility in the academic world. Accreditation surveys will be sent via email (School Messenger) in the near future; we appreciate the time and effort you take to ensure we are

hearing from all of our esteemed stakeholders! Admin



Beth Schimmelfennig, Director Rhonda Wong, Compliance Aaron Oandasan, Title VI Toby Yamashiro, Title VII Nicole Isa-Iijima, Title IX Krysti Sukita, ADA/504

Civil Rights Compliance Branch Hawaii State Department of Education P.O. Box 2360 Honolulu, Hawaii 96804 (808) 586-3322 or relay CRCB@k12.hi.us

ONLINE

SURVEY

SEPTEMBER 2022							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
4	5	6	7	8	9	10	
	LABOR DAY	WAIVER DAY	C-Day	D-Day	E-Day	 PTSA) Membership	
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	Friends of		0005.0		Homecoming	Dance	
	Castle" (PTSA)		-2025 Parent Team (Virtual)		Game vs Radford		
	6:00p Library		Meet. 6p	HOMECOMING	WEEK – 10/10-15	! Dress-up Days,	
	-			Activit	ies, Competitions	s, Court	
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	- "Families &						
	Friends of Castle" (PTSA)	ELECTION DAY	-2025 Parent				
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SENIOR STUFF...



STRATION WILL BE HELD AT THE UPCOMING SENIOR PARENT MEETING

\$300 EARLY BIRD SPECIAL IF REGISTERING AND PAYING AT PARENT MEETING

Plan to attend...



SENIOR PARENT INFO NIGHT Thurs., September 15, 2022 6 pm * Cafeteria

Learn more about your child's senior year – important deadlines, senior luau, graduation, Project Graduation 2023 – and how you can support these activities and more! Hear from the 2023 Parent Team AND a report from senior student council, too.

Senior Graduation Banners

Cost = \$15.00 (Actual cost is \$20.00; parent team will be sponsoring \$5.00) Size of Banner = 3x3 feet Material = Knitted Polyester Print = Double sided sublimation print



*Order form and more information to come at parent meeting (September 15 * 6p * Cafeteria)

*Will be displayed on school fence during week leading up to graduation

SUCCESSFUL SUMMER FUND-RAISER FOR CLASS!

Mahalo to everyone who supported the Senior Class of 2023 Hawaiian Plate Fundraiser! Thanks to you, the class surpassed their 300 plate goal by selling 400+ plates! Proceeds will go toward the Senior Class graduation fund. Mahalo for your support!! ...Maxine Yamamoto, 2023 Parent Team



Parent FIRST & LAST Name(s) _

MORE INFORMATION TO COME

Class of 2023 Parent Volunteer Form

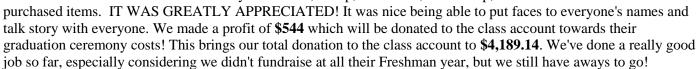
Fill in and return at Senior Parent Info Night (Cafeteria 9/15) OR Open House Sign-in Table (Cafeteria 9/22

Name	of 2023 Child (First & Last Name)			
Parent	email(s):			
Cell nu	mber(s):			
am in	terested in volunteering and supporting the Class of 2023 with the following activities:			
0	Senior Luau			
0	Senior Prom			
0	Graduation Donations (water, snacks, lei, etc.)			
0	Project Graduation Fundraising			
0	Project Graduation Donations			
0	Monetary Donations (for graduation & senior activities): **Donations can be VENMO-ed to @CHS-2023 (last 4 digits: 0108)			
0	Other Donations:			
0	Other ways you can help:			

JUNIOR NEWS...

FROM THE 2024 PARENT TEAM...

Thank you to everyone who came out August 20th. to help with the garage sale fund-raiser for Class of 2024 – whether you donated, set up, sold items, cleaned up,



Our meetings are the 4th. Wednesday of each month from 6:00-7:00 pm, Via Google

Meets (https://meet.google.com/evu-gktn-bam?pli=1 or join by phone: 669-244-0072, PIN: 758136168). Next meeting is September 28. The agenda can be found on the Shared Google Drive. We're discussing fundraising ideas for the upcoming year and would like input from everyone. If you won't be able to attend the meeting to share your input, please email me (meliahz05@gmail.com). Here are some ideas we are discussing: Amazon Smile; Annual Virtual Silent Auction; Windward Christmas Craft Fair (FFC sponsored event); Panda Express; Beach Clean-Up (for Project Grad).

Thanks again...Lara Kong-Goings, 2024 Parent Team Lead

SOPHOMORE THINGS...

2025 PARENT TEAM...

- Meets virtually the 2nd. Wednesday of each month from 6 7p (https://meet.google.com/jqq-tkmx-tjx/ Join by phone (US) +1 219-501-0200 PIN: 559 403 357#). We're also discussing fund-raising ideas for this upcoming school year.
- Sophomore Class has signed up for November 26 on campus 'HI-5 Donation Collections' from 9-11am in the auditorium parking lot. Please start setting aside your donations of bottles and cans. If you'd like to help that day with collections or transporting via truck or van the donations to the recycle center please contact Natalie Gaspar (nmfgaspar@yahoo.com). Natalie Gaspar, 2025 Parent Team Lead

FRESHMEN...

FORMING 2026 PARENT TEAM...To support their child's class in a variety of ways from donating dance décor to helping the class to fund-raise towards graduation ceremony costs. Please let me know if you are interested in learning more about this potential group (martink@knights.k12.hi.us). Kathy Martin, PCNC

PROTECTING WATER QUALITY

Small Municipal Separate Storm Sewer System (MS-4) Program

What is MS-4? Who does it affect? The Small Municipal Separate Storm Sewer System (MS-4) Program is part of the Environmental Protection Agency's (EPA's) effort to preserve, protect, and improve the Nation's water resources from polluted storm water runoff. Department of Education (DOE) schools on Oahu will incrementally comply with this requirement by initiating programs such as education, monitoring, enforcement, clean-up, and annual reporting. This program affects everyone who uses a DOE campus on Oahu, including staff, students, and all community users. Although Oahu is currently the only island to initiate this program (due to its urban density and higher concentration of pollution), all schools can benefit from good housekeeping practices.

Why is this important? Clean water is essential to life. When it rains, litter, pesticides, green waste, and other pollutants are washed into the storm drain system and eventually flow into our streams and ocean. Large quantity of debris can clog the drain system resulting in flood damage to our schools and neighbors. Small organic and chemical waste can poison our food chain and contaminate our water supplies. Pollution control benefits the environment, wildlife, and people.

How can we help? The following list suggests a dozen things we all can do to minimize pollution from getting into our water resources. Additional information is available at the EPA's website: http://www.epa.gov/. The contact number for the City & County's Environmental Concern Line is 692-5656.

- * Place litter in trash bins.
- * Recycle cans, bottles, and paper products.
- * Report violators of illegal dumping.
- * Volunteer for litter and stream cleanups.
- * Reduce waste. Buy products with less packaging.
- * Reduce chemical usage such as fertilizers and pesticides.
- * Restrict washing of cars and other vehicles on school campuses.
- * Inform school principal of pollution hazards on campus.
- * Compost green waste. Do it yourself or utilize City green waste collections. * Protect loose stockpile of soil, fertilizers, and other materials from washing away. * Maintain Storm Drain systems. Inspect periodically and clean as needed.
- * Practice proper handling of household hazardous waste and automotive fluids.



Your Child Can Receive Free Health Care at School!

Fill Out & Sign the Hawai'i Keiki Consent Form https://www.castlehs.k12.hi.us/health-room



Aloha Parents/Guardians

Did you know that Castle High School has an Advanced Practice Registered Nurse (APRN) and Medical Assistant at the school to work alongside the School Health Assistant (SHA) in supporting your child's health and education?

When your child is sick or injured at school, the APRN, also known as a Nurse Practitioner, is available to assess, diagnose, and treat your child with your permission. Every effort will be made to contact you to discuss the plan of care.

The APRN can: • Care for your child's allergies, asthma, and other medical conditions including providing prescriptions. • With your permission, give your child medication, such as Tylenol, ibuprofen, or albuterol, when needed. • Offer advice about health topics to you and your children. • Manage medical emergencies. • Provide sports physicals (if you are unable to get to your child's primary care provider).

There is no cost to you for any services your child may receive. However, we are requesting your insurance information in case we need to bill them for certain services. You will not receive a bill including a co-pay. Students without health insurance can still get care at no cost.

Before a Hawai'i Keiki APRN can care for your child, we need your permission. Providing care to your child may include the use of telehealth. Please review the enclosed consent form, sign it, and return it to Courtney DeConto

Remember that a Hawai'i Keiki APRN doesn't replace the care your child gets from your primary care provider. We will attempt to contact you before giving your child any medication.

The Hawai'i Keiki healthcare team in collaboration with the Hawai'i Department of Education are committed to keeping your child healthy and ready to learn. If you have any questions about the consent form or the Hawai'i Keiki APRN, please contact Courtney DeConto (cdeconto@ucera.org (808) 798-0545).

TEACHER 2022-23 'Wish Lists'



Teachers have begun to generate On My Wishlist Their wish lists for this school year. Their lists have been inputted on our

school website (https://www.castlehs.k12.hi.us/).

Take a few minutes to check out some of the donations they are seeking so far this school year; new teachers and requests will be added as they come in. In the past we have received marble notebooks, laser printers, 65" televisions for classroom lessons, fans, pianos, golf clubs, etc. throughout the school year! Volunteer opportunities may also be advertised!

Items requested from our teachers will also be inputted on www.communityhelpingschools.org; and shared with parents, legislators, and our community at large in our E-bulletins, Knightly Newsletter mail outs, and on our website.

Please contact martink@knights.k12.hi.us / 305-0762 for any questions and when and where to drop off your donations.

Donate Your HI-5 Cans & Bottles To a Castle High Group Fundraising!

The last Saturday of the month you can drop off your HI-5 donations from **9-11am in the auditorium parking lot** and help support one of our school groups to fund-raise for their class or program. Covid has strongly affected fund-raising efforts for school groups.

Groups Coming Up You Could Donate Towards:

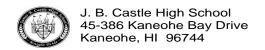
- SENIOR CLASS September 24 * 9-11am Auditorium Parking Lot * Fund-raising Towards Their Graduation Ceremony Costs
- "Open" October 22 * 9-11am * Auditorium Parking Lot (No group has signed up yet.)
- SOPHOMORE CLASS November 26 * 9-**11am** * Fund-raising Towards Their Graduation Ceremony Costs

Sponsored by "Families & Friends of Castle" (PTSA)

This 'N That...

Save Money for the School & PTSA!...Help the school & "Families & Friends of Castle" save paper and postage by receiving future issues of the 'Knightly News' via e-mail link. Please email castleparents@knights.k12.hi.us & include your, child(ren)'s name(s) and grade level(s).

Are YOU An Alumni of Castle High? Join Castle Alumni Association...For more info about this group please go to https://www.chsalumknights.org/.



Non-Profit Organization U.S. Postage PAID Permit No. 35 Kaneohe, HI



We've made it easier to Join "Families & Friends Of Castle"! Use this OR Return/mail in the FFC Membership form Included in this mail-out.

We have a new website.
Check it out at: bit.ly/CastleFFC!

Participate in our Monthly FFC meetings! We meet on the first Monday of every month (except Holidays) in the Library. Our next meeting will be September 12th. General Meeting: 6-7:00pm, Board Meeting 7-7:30pm

Upcoming Events:

- Hi-5 Recycling benefiting the different grade levels and school organizations every last Saturday of every month from 9:00-11:00am in the CHS auditorium parking lot.
- 'Give Aloha Program' Donate to FFC, to help Castle, through Foodland's annual program during September with your Maika'i Card. Code: 78752
- Windward Holiday Craft and Gift Fair is back on Sunday, December 4th! To benefit FFC and Project Graduation. Venders contact Teri Sato for booth Space (terisato@hotmail.com).

Support "Families & Friends Of Castle" To Fundraise Even Faster!



Make a donation to "Families & Friends of Castle" – ptsa - at any Foodland, Sack N Save checkout. Foodland & the Western Union Foundation will make a donation to our organization, too!

"Families & Friends of Castle" Code - # 78752

How To Help:

- 1) Show your Maika'l Card and make a donation to our organization (up to \$249 per person) at any Foodland, or Sack N Save checkout from Sept. 1-30, 2022.
- 2) Your contributions are tax deductable. Save your store receipt for tax purposes since it will be the only record you will have of your donation.
- 3) Please let FFC know of your donation so they can 'thank you' (305-0762 / ffc.castle@gmail.com) . Foodland will NOT notify FFC 'who' donated what amount.

Thank you for your support!



Nomination Committee Seeking Nominees To "Families & Friends of Castle" Board –

A 501-C3 Non-Profit Parent Ohana / PTSA

"Families & Friends of Castle" is seeking nominees for their upcoming election to the Board of Directors. We are looking for people to support FFC's purposes, be creative, and like to think-out-of-the box. FFC meets the 1st. Monday of each month @ 6pm. See the criteria below. Please contact one of the nominating committee if you would like to nominate yourself or someone else. Your input is greatly appreciated. Contact: Deb Saggers (gdsohana@gmail.com / 265-9402).

FFC's annual membership meeting will take place in November where up to three new members will be voted onto the Board of Directors yearly. Directors are asked to commit to a 3-year rotation on the board; vacancies are filled by the board for the unexpired term vacated. Officers are appointed by the board of directors (so you can be on the board but not necessarily be an officer). Expectations are to attend monthly meetings and participate in FFC activities.

FFC's PURPOSE:

- *To plan, organize and support programs and activities that promote and encourage parent, student, teacher, Administrator, staff, and community involvement.
- *To promote cooperation among and between parents, students, teachers, staff, and administrators of Castle High School and between Castle High School and our community.
- *To provide financial assistance for programs and special activities.