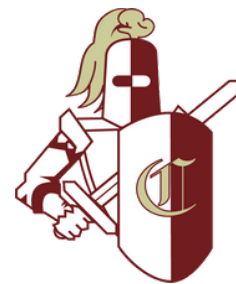




# CASTLE HIGH

## ATHLETICS DEPARTMENT



**CHARACTER. COMPETENCE. COMMITMENT.**

### ATHLETICS DEPARTMENT

Athletic Director: Laynie Sueyasu  
(sueyasul@knights.k12.hi.us)

Assistant AD: Elise Miura

Assistant AD: Chris Bisho

Assistant AD: Ven Agullana

### ATHLETIC HEALTH CARE TRAINERS (AHCT)

Gretchen Miller

(millerg@knights.k12.hi.us)

Narceliza Fraser

(frasern@knights.k12.hi.us)

### COMPLIANCE FORMS. COMPLETE & SUBMIT PRIOR TO PARTICIPATION. FORMS CAN BE DOWNLOADED FROM THE SCHOOL WEBSITE.

Athletic Physical Exam Form

Student Participation and Parent/Legal Guardian Consent, Release, and Assumption of Risk Form

OIA COVID-19 Assumption of Risk Form

### INTERESTED IN PARTICIPATING IN CASTLE ATHLETICS? SIGN UP HERE (SCAN QR CODE)



## ATHLETIC TEAMS & COACH CONTACTS

### FALL

- **Air Riflery-Coach Kana Naipo**
  - naipok@knights.k12.hi.us
- **Bowling-Coach Marie Hedrick & Coach Len Ogata**
  - hedrickm@knights.k12.hi.us
  - ogatal@knights.k12.hi.us
- **Cheerleading-Coach Sid Hoapili**
  - hoapilis@knights.k12.hi.us
- **Cross Country-Coach Ven Agullana**
  - agullanav@knights.k12.hi.us
- **Football-Coach Junior Pale & Kyle Pupuhi**
  - palej@knights.k12.hi.us
  - pupuhik@knights.k12.hi.us
- **JV Softball-Coach Jon Berinobis**
  - berinobisj@knights.k12.hi.us
- **Volleyball (girls)-Coach Aaron Ono**
  - onoa@knights.k12.hi.us

### WINTER

- **JV Baseball-Brede Kochi**
  - kochib@knights.k12.hi.us
- **Boys Basketball-Coach Allan Silva**
  - silvaa@knights.k12.hi.us
- **Girls Basketball-Coach Wendell Domingo**
  - domingow@knights.k12.hi.us
- **Paddling-Coach Stan Dickson**
  - dicksons@knights.k12.hi.us
- **Boys Soccer-Coach Jordyn Yahata**
  - yahataj@knights.k12.hi.us
- **Girls Soccer-Coach Travis MacDonald**
  - macdonaldt@knights.k12.hi.us
- **Swimming-Coach Iris Ubando**
  - ubandoi@knights.k12.hi.us
- **Girls JV Tennis-Coach Irwin Kahakui**
  - kahakuii@knights.k12.hi.us
- **Wrestling-Coach Kalani Rios & Coach Harvey Fung**
  - riosk@knights.k12.hi.us
  - fungh@knights.k12.hi.us

### SPRING

- **Baseball-Brede Kochi**
  - kochib@knights.k12.hi.us
- **Golf-Coach Robert Grey**
  - greyr@knights.k12.hi.us
- **Judo-Sensei Jason Kanekuni**
  - kanekunij@knights.k12.hi.us
- **Softball-Coach Jon Berinobis**
  - berinobisj@knights.k12.hi.us
- **Tennis (boys & girls)-Coach Irwin Kahakui**
  - kahakuii@knights.k12.hi.us
- **Track and Field-Coach Jordan Oue & Coach James Esaki**
  - ouej@knights.k12.hi.us
  - esakij@knights.k12.hi.us
- **Volleyball (boys)-Coach George Ehia**
  - ehiaj@knights.k12.hi.us
- **Waterpolo-**
  -

FOR MORE INFORMATION:

[HTTPS://WWW.CASTLEHS.K12.HI.US/ATHLETICS-1](https://www.castlehs.k12.hi.us/athletics-1)