



## Hawaii High School Athletic Association

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### FOR IMMEDIATE RELEASE

Monday, July 20, 2020

### **HHSAA institutes “no contact” period for all workouts and practices through Aug. 18**

The Hawaii High School Athletic Association (HHSAA) executive board by majority vote approved that effective immediately the high school sport calendar shall move into a “no-contact period” through Tuesday, Aug. 18, which means there shall be no instructional or developmental sport specific activity allowed between high school coaches and student-athletes.

Applicable start date penalties for violations will be enforced according to HHSAA regulations, which include, but are not limited to, the suspension of a coach for part or the entire season.

Each member league will determine workout restrictions beginning Wednesday, Aug. 19th, at which time, the calendar will move to the “out of season conditioning and weight training” period.

“This is a significant change to our start date calendar as summer activities have been determined by each individual school,” stated Executive Director, Chris Chun. “However, during this time, our executive board felt that this change was necessary to protect the health and safety of our student-athletes. This will still allow adequate time for conditioning as our first contests for most fall sports are not slated to begin until at least mid-September.”

The HHSAA member leagues include the Big Island Interscholastic Federation (BIIF), Interscholastic League of Honolulu (ILH), Kauai Interscholastic Federation (KIF), Maui Interscholastic League (MIL), and the Oahu Interscholastic Association (OIA).

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### **About the HHSAA**

Founded in 1956, the Hawaii High School Athletic Association is a non-profit, 501(c)(3) educational athletic organization exclusively dedicated to serving 96 public and independent member high schools statewide, as they work cooperatively to support and promote athletics as part of the high school education program. As the umbrella organization of high school athletics, the HHSAA operates 44 state championships in 18 different sports, establishing consistent standards and rules for competition, in addition to providing professional development opportunities for coaches and athletic administrators.